

Memoreal Anteonis 26: Session: 2: COACH evaluation sheet for TEAM: 09-008

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @ 14:15 The listed starttimes are indicative!
PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BREASTSTROKE WOMEN 11-17 Heat:8, starttime: 14:45

Heat: 8/12 Lane : 1 Athlete: BANNATYNE JESSICA Q-time: 01:30:92

PB (25m pool): 1:30.92 Bergschenhoek 8 mrt 2026				PB (50m pool): 1:30.98 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		42.27		1:30.92	
	42.27		48.65		
					

Coach feedback:

Event number: 11: 100M BREASTSTROKE WOMEN 11-17 Heat:8, starttime: 14:45

Heat: 8/12 Lane : 9 Athlete: DE HEIJ NIKKI Q-time: 01:31:09

PB (25m pool): 1:31.09 Bodegraven 1 mrt 2026				PB (50m pool): 1:36.28 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		43.55		1:31.09	
	43.55		47.54		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-17 Heat:4, starttime: 15:01

Heat: 4/11 Lane : 4 Athlete: RUVEN JESPER Q-time: 01:34:97

PB (25m pool): 1:34.97 Bodegraven 1 mrt 2026				PB (50m pool): 1:35.17 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		45.26		1:34.97	
	45.26		49.71		
					

Coach feedback:

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Event number: 12: 100M BREASTSTROKE MEN 11-17					Heat:10, starttime: 15:13
Heat: 10/11 Lane : 8 Athlete: VAN KINTS THIJS					Q-time: 01:16:55
PB (25m pool): 1:16.55 Bodegraven 1 mrt 2026					PB (50m pool): 1:20.96 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		35.98		1:16.55	
	35.98		40.57		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:3, starttime: 15:21
Heat: 3/20 Lane : 0 Athlete: VAN DER VOORN AMBER					Q-time: 01:29:06
PB (25m pool): 1:29.06 Gouda 11 mei 2025					PB (50m pool): 1:27.40 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		44.64		1:29.06	
	44.64		44.42		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:4, starttime: 15:23
Heat: 4/20 Lane : 9 Athlete: ZOMER CARLIJN					Q-time: 01:24:65
PB (25m pool): 1:24.65 Bodegraven 1 mrt 2026					PB (50m pool): 1:27.40 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		39.92		1:24.65	
	39.92		44.73		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:14, starttime: 15:39
Heat: 14/20 Lane : 0 Athlete: DE HEIJ NIKKI					Q-time: 01:06:86
PB (25m pool): 1:06.86 Gouda 15 mrt 2026					PB (50m pool): 1:08.17 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		32.20		1:06.86	
	32.20		34.66		
					

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-17				Heat:14, starttime: 15:39	
Heat: 14/20 Lane : 8 Athlete: BANNATYNE JESSICA				Q-time: 01:06:80	
PB (25m pool): 1:06.80 Gouda 10 mei 2026				PB (50m pool): 1:09.32 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.95		1:06.80	
	31.95		34.85		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17				Heat:16, starttime: 15:42	
Heat: 16/20 Lane : 3 Athlete: BAKKER CHARLOTTE				Q-time: 01:04:45	
PB (25m pool): 1:04.45 Bodegraven 12 apr 2026				PB (50m pool): 1:05.20 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.20		1:04.45	
	31.20		33.25		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17				Heat:9, starttime: 16:04	
Heat: 9/18 Lane : 2 Athlete: RUVEN JESPER				Q-time: 01:05:34	
PB (25m pool): 1:05.34 Bodegraven 1 mrt 2026				PB (50m pool): 1:07.88 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.94		1:05.34	
	31.94		33.40		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17				Heat:14, starttime: 16:11	
Heat: 14/18 Lane : 5 Athlete: VAN KINTS THIJS				Q-time: 00:59:80	
PB (25m pool): 59.80 Bodegraven 1 mrt 2026				PB (50m pool): 1:02.39 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.09		59.80	
	29.09		30.71		
					

Coach feedback:

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Event number: 15: 100M BUTTERFLY WOMEN 11-17					Heat:9, starttime: 16:34
Heat: 9/9 Lane : 5 Athlete: BANNATYNE JULIA					Q-time: 01:06:55
PB (25m pool): 1:06.55 Gouda 15 mrt 2026			PB (50m pool): 1:07.10 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.02		1:06.55	
	31.02		35.53		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:3, starttime: 16:58
Heat: 3/18 Lane : 9 Athlete: ZOMER CARLIJN					Q-time: 01:36:23
PB (25m pool): 1:35.53 Gouda 4 okt 2026			PB (50m pool): 1:54.70 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		46.42		1:35.53	
	46.42		49.11		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:12, starttime: 17:18
Heat: 12/18 Lane : 7 Athlete: BAKKER CHARLOTTE					Q-time: 01:17:27
PB (25m pool): 1:17.27 Bodegraven 1 mrt 2026			PB (50m pool): 1:21.08 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		37.35		1:17.27	
	37.35		39.92		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:18, starttime: 17:31
Heat: 18/18 Lane : 3 Athlete: BANNATYNE JULIA					Q-time: 01:05:58
PB (25m pool): 1:05.58 Amsterdam 24 jan 2026			PB (50m pool): 1:07.63 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		32.18		1:05.58	
	32.18		33.40		
					

Coach feedback: